

## How to join us

Pick up our pink sheet from the PAE Office, fill it out and submit it. We will get in touch with you to schedule an appointment.

OR

Contact us:

**Sally Sutton**  
Program Coordinator  
suttos@portlandschools.org

**Tabin Tangila**  
Program Associate  
nmrcmaine@gmail.com



*"I received from the NMRC a wide range of support including: opportunities to improve my English, working in the computer lab, having my diploma translated and evaluated, receiving training specific to my profession such as OSHA, understanding the national electrical code, and finally, through Job Class B, I learned how to network and search for a job in my field and understand employer expectations. All of this enabled me to accept a position as a Substation Technician at Electric Power Systems."*

*Claude M.*



Maine's Welcome Back Center

**NMRC is a Portland  
Adult Education Program**

14 Locust St.  
Portland, ME 04101  
(207) 874-8155  
[www.nmrcmaine.org](http://www.nmrcmaine.org)  
[www.portlandadulthood.org](http://www.portlandadulthood.org)

## Who we are

We provide skilled professionals programs, employment and case management, intensive classes focused on job readiness skills, networking opportunities, workshops and other services designed to help new Mainers, of all professions, overcome barriers to enter the US workforce.

Our mission is to support Maine's economic development by facilitating the professional integration of immigrants and refugees, and by meeting employers' demands for a skilled and culturally diverse workforce.



## What we offer

- **Job readiness classes** include: English classes related to specific professions and sectors, US workplace culture class, computer literacy classes, development of a job search portfolio, application and resume writing classes, job skills and interview preparation classes.
- The **Skilled professionals program** provides guidance and advice for job seekers with a University degree or above, including: assistance with credential review and licensing requirements, assistance with job search activities, and facilitation of professional networking opportunities with other professionals, employers included.

*Left: Bridget Kahn, one of our instructors, teaching Job Class A*

- The **Professional Clothes Closet** is a free resource for professionals who have job interviews or need business attire for their jobs.



*Above: Isabelle, wearing an outfit from our free Professional Clothes Closet*

- **Maine's Welcome Back Center:** we provide orientation, counseling, and support to foreign-trained health workers. We assist them in developing a career pathway plan that builds on their education, experience, and skills.